

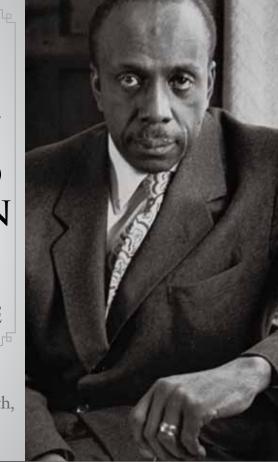
A VISIONARY FOR OUR TIME

Howard Thurman
with Vincent Harding,
Michael Bernard Beckwith,
Alice Walker,
and others



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SESSION ONE (78:12)

The Inward Journey

- 1. Introduction
- 2. "The Inward Journey" by Vincent G. Harding
- 3. "How Good to Center Down" (reading from *Meditations of the Heart*, pg. 28: 1956)
- 4. "Charting the Inward Sea" (sermon: 1952)
- 5. "What Do You Want, Really?" (reading from *The Inward Journey*, pg. 135: 1962)
- 6. "Goals of Your Life" (1960)
- 7. "A Tribute to Life" (excerpt from sermon "The Quest of the Human Spirit": 1962)

SESSION TWO (74:34)

Encountering God

- 1. Introduction
- 2. "Encountering God" by Luther E. Smith, Jr.
- "The Lord Is the Strength of My Life" (reading from *Deep Is the Hunger*, pg. 210: 1956)

- 4. "In Quietness and Confidence" (reading from *Deep Is the Hunger*, pg. 211: 1956)
- 5. "We Offer to Thee" (prayer: 1956)
- 6. "The Radical Test" (sermon: 1967)
- 7. "We Yield to the Love of God" (reading from *Meditations of the Heart*, pg. 181: 1956)
- 8. "Those Who Walked with God" (sermon excerpt: 1953)
- 9. "To Celebrate His Goodness" (prayer)

SESSION THREE (74:36)

The Power of Love

- 1. Introduction
- 2. "The Power of Love" by Edward K. Kaplan
- 3. "Growing in the Love of Self" (sermon: 1977)
- 4. "Growing in the Love of Others" (sermon: 1977)
- 5. "Growing in the Love of God" (sermon: 1977)

SESSION FOUR (77:15)

Healing Community

- 1. Introduction
- 2. "Healing Community" by Alice Walker
- 3. "We Are Visited" (prayer)
- 4. "No Man Is an Island" (reading from *Meditations of the Heart*, pg. 134: 1963)
- 5. "The Flow Between the Inner and the Outer" (sermon: 1952)
- 6. "New Heaven, New Earth" (reading from *The Inward Journey*, pg. 34: 1963)
- 7. "Martin Luther King, Jr., Memoriam" (1968)

SESSION FIVE (77:02)

Coping with Difficulty

- 1. Introduction
- 2. "Coping with Difficulty" by Liza J. Rankow
- "All Experience Is an Arch" (readings from Meditations of the Heart, pgs. 61 and 139: 1965)
- 4. "Events That Imprison Us" (prayer)

- 5. "Suffering and Failure" (reading from *Meditations of the Heart*, pg. 215: 1959)
- 6. "Divine Encounter in Crisis" (sermon: 1952)
- 7. "Joy Beyond Pain" (reading from *The Inward Journey*, pg. 44: 1961)
- 8. "Mystery of the Soul" (sermon excerpt: 1952)

SESSION SIX (76:21)

The Fullness of Living

- 1. Introduction
- 2. "The Fullness of Living" by Michael Bernard Beckwith
- 3. "Automatic Earth" (sermon: 1955)
- 4. "Dream in the Heart" (reading from *Meditations of the Heart*, pg. 36: 1956)
- 5. "Qualitative Living" (1960)
- 6. "The Good Death, the Good Life" (reading from *The Inward Journey*, pg. 24: 1959)
- 7. "Joy Is of Many Kinds" (reading from *The Inward Journey*, pg. 49: 1963)
- 8. "I Will Sing a New Song" (reading from *Meditations of the Heart*, pg. 206: 1956)