

PALM SUNDAY

CULTURAL RESOURCES

Sunday, March 16, 2008

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Lection - Luke 19:28-40 and Zechariah 9:9-14 (New Revised Standard Version)

I. Introduction

Palm Sunday is a celebration that occurs on the sixth and final Sunday of the Lenten season, and the week before Easter Sunday. This special day is also known as Passion Sunday in some traditions. The feast commemorates the jubilant celebration of Jesus' arrival into Jerusalem in the days prior to his arrest, trial, and execution as reported in the Passion narratives of the four Gospels. On the first Palm Sunday, Jesus affirmed himself as Messiah by his victorious ride into Jerusalem as the crowds sang his praises.

His entrance into Jerusalem on the back of a lowly colt to fulfill the prophetic predictions of his destiny creates an ironic vision. We see how Jesus embodied the deepest levels of humility and a show of non-violence all while knowing that the road he was on surely led

to the cross on Calvary and beyond. Nonetheless, undaunted and undeterred by this knowledge, Jesus moved through the crowds towards his certain destiny. That, above all, is what is recognized on Palm Sunday.

Origins of Palm Sunday

As much as Palm Sunday celebrations represent the great joy and praise of the gathered spectators singing “Hosanna” upon seeing Jesus’ glorious entry into the city of Jerusalem and fulfillment of his destiny as the Messiah, Palm Sunday is also a reminder of the stark contrast of the humiliation to come through Jesus’ experience of arrest, trial and execution. The liturgical significance of this particular Sunday signifies the extremes of majesty and mourning in the joyous array of palms as well as the sobering account of the Passion narrative of Jesus from the Synoptic Gospels. In this regard, it is always important to recognize through visual, ritual, oral, and musical cues that this occasion is a bittersweet occasion that prepares those who celebrate this day for the tragedy of Crucifixion, yet proclaims the victory of the Resurrection.



II. Palm Sunday Customs

Customarily, worshippers in many churches receive palm branches on Palm Sunday. There have been, however, historical situations wherein it has been either impossible or

impractical to acquire palm branches; adequate substitutes (e.g. Yew tree branches) were found and utilized in those instances. The ways in which the palms are used and incorporated into the Palm Sunday observances will vary depending on the style of worship dictated by a specific congregation or denomination. In some cases, contemporary worshippers will reenact the joyous celebration of Jesus' entry into Jerusalem by waving of palm branches and singing songs of celebration as central part of the Palm Sunday liturgy. Sometimes this is accompanied by a processional into the church. In other settings, there will be the distribution of palm branches or leaves in their natural form or, more often, fashioned in the shape of a cross or loop in order to be pinned onto each worshipper that day. For many churchgoers, the lush greenery that typically fills the church sanctuary during this period of the Lenten season, especially the sight of palms and Easter lilies, has a wonderfully transformative effect in terms of embracing the concepts of rebirth and renewal as central to Lent and ultimately Easter. The liturgical color for the Lenten season in most Protestant traditions is purple, which is used until Easter Sunday. Catholic tradition, however, the color for Palm Sunday is red, representing not only the color of the church but also being used for Pentecost as well as remembering the martyrs of the church. Since it symbolizes shed blood, the incorporation of red is also used on Palm Sunday to commemorate and reflect upon the death of Jesus.



Increasingly, as a fairly recent development which bespeaks a definite sign of the times, many churches are placing greater emphasis on the Passion of Jesus in Palm Sunday services in order to balance the celebration of Easter Sunday. Rather than having both Sundays focus on triumph, Palm Sunday is presented as a time to reflect on the suffering and death of Jesus during Sunday worship service. Additionally, this reworking of Palm Sunday into Passion Sunday provides an opportunity for people who either do not or cannot attend a Good Friday service to experience the contrast of Jesus' death and the Resurrection, rather than celebrating the Resurrection completely separate from Jesus' suffering. However, even a purposeful emphasis on the Passion of Jesus on this Sunday should not be as somber and downbeat in tone as those worship services typical of Good Friday.

III. Palm Sunday in African American Visual Art

There are several depictions of Palm Sunday as rendered by African American artists such as Jacob Lawrence and Romare Bearden. In his painting, Palm Sunday,¹ Lawrence offers a modern depiction of the Palm Sunday celebration through his use of bold colors and dynamic arrangement of shapes and lines. Moreover, using the scene of a Black male pastor greeting and embracing congregants, especially children, is not only very befitting the spirit of Palm Sunday, but also represents the vibrancy and vitality of this particular Sunday as the near climax of the Lenten season. Likewise, Romare Bearden's Palm Sunday Procession² attempts to re-imagine the celebratory spirit of Jesus' entry into the city of Jerusalem in a more updated representation of this triumphant event in the life and ministry of Jesus. Bearden's painting takes on a deeper significance because, although he was neither a committed nor a consistent churchgoer in his adult years, he uses scenes such as this to illustrate how religious ceremonies and rituals are a key part of African American life and culture.

IV. Children and Youth and Palm Sunday Services

Another important element of Palm Sunday celebrations for many churches is the inclusion of children and teenagers into worship services. Whether talking about youngsters memorizing their Easter poems for recitation in front of the entire church, having Youth Sunday coincide with Palm Sunday so that the children are more prominent throughout the day's worship, or having the youth as key performers in the church's music, dance, or drama ministry for an Easter pageant or concert, it is vitally important that children—as a symbol of God's ongoing affirmation of new life and unconditional love in the community—are an integral part of this service.

In this regard, Palm Sunday activities for children and teenagers can consist of skits, recitations, and poetry for Easter that engages the African American experience wherein children and youth can enjoy everything from innovative uses of Gospel rap as well as more traditional songs and poems. Many children become excited by their heightened involvement because, not only do they enjoy the processions, performances, and similar activities as a part of worship, but it also provides them great opportunities to be more significantly involved in the worship life of the church as a community of Faith. In addition, this heightened level of activity amongst the children of the church helps create lasting memories and commitments for a lifetime. This is very much in keeping with the biblical instruction found in Proverbs 22:6 that one must “train up a child in the way;” s/he should go, and when s/he is old, s/he will not depart from it. As preparation increases towards the sacred ceremonial concerns surrounding the Palm Sunday celebration and the impending events of Holy Week, many youngsters are equally affected by the excitement of the family gatherings being planned, getting new Easter outfits, or the great expectation of Easter candy and holiday meals to come.

V. Palm Sunday in Song

As a central part of the Palm Sunday worship services, congregations should learn the songs such as the spiritual "Ride On, King Jesus." The lyrics to the two versions of the spiritual are as follows:

“Ride On King Jesus”³



Ride on King Jesus!
No man can a-hinder me.
Ride on King Jesus!
No man can a-hinder me.

Well, ride on King Jesus!
No man can a-hinder me.
Oh, ride on King Jesus!
No man can a-hinder me.

King Jesus rides on a milk white horse
No man can a-hinder me.
The river of Jordan He did cross
No man can a-hinder me.

Oh, ride on King Jesus!
No man can a-hinder me.
Oh, ride on King Jesus!
No man can a-hinder me.

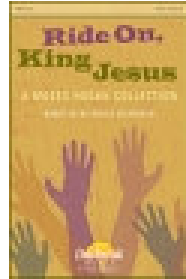
If you want to find your way to God
No man can a-hinder me.
The gospel highway must be trod
No man can a-hinder me.

Well, ride on King Jesus!
No man can a-hinder me.
Yes, ride on King Jesus!
No man can a-hinder me.

Oh, I was young when I begun
No man can a-hinder me.
But now my race is almost run
No man can a-hinder me.

Well, ride on King Jesus!
No man can a-hinder me.
Yes, ride on King Jesus!
No man can a-hinder me.

Well, ride on King Jesus!
No man can a-hinder me.
Oh, ride on King Jesus!
No man can a-hinder me



Ride On King Jesus

Ride on King Jesus
No man can-a-hinder me
Ride on King Jesus
Ride on
No man can-a-hinder me
No man can-a-hinder me

In that great getting up morning
Fair thee well, fair thee well
In that great getting up morning
Fair thee well, fair thee well

Ride on King Jesus...

In the song's lyrics, Jesus is clearly heralded not only as a guardian and a conquering hero, but also as a king as he crosses the Jordan River astride a white horse en route to the "promised land." As typical of the spirituals as a musical genre, "Ride On, King Jesus" contains a powerful and authentic word of faith to the people of God. True to form, spirituals were used by the enslaved to express not just the trials and tribulations, but also the hope of a better day. As important as that was in the era of chattel slavery in America, to sing a song such as "Ride On, King Jesus" and take its meaning to heart is most desperately needed in this present era of our history. Most importantly, it is vital

that younger members of the community of faith learn this and other spirituals in order to keep that musical form alive within the black church tradition. Whether sung in a traditional or more contemporary rendition, the worshippers can take solace and strength in the belief that, as the song's lyrics suggests, no one can hinder them with God on their side.⁴

Notes

1. Lawrence, Jacob. Palm Sunday. 1956. Permanent collection: North Carolina Central University Art Museum, NC. Online location: <http://web.nccu.edu/artmuseum/permnccu.html> accessed 2 December 2007; Digital image of Jacob Lawrence's painting, *Palm Sunday* (1956): [jlawrence_palm_sunday.jpg](#)
2. Bearden, Romare. Palm Sunday Procession. 1967-68. National Gallery of Art, Washington, D.C. 12 Feb. 2008. Online location: <http://www.nga.gov/feature/bearden/170-012.htm> accessed 2 December 2007;
3. Contemporary rendition of "Ride On, King Jesus," by New Life Gospel Choir. Online location: <http://www.nligc.org/video/songs/rokinewlife.wmv> accessed 2 December 2007
4. Thomas, Velma Maia. No Man Can Hinder Me The Journey from Slavery to Emancipation Through Song. New York: Crown, 2001. p. 13.