



CHILDREN'S DAY (CHILDREN AND HEALTH) MUSIC & WORSHIP RESOURCES

Sunday, October 16, 2011

(See the attached PDF that contains a great article by physician John Clarke and Elizabeth Clarke on the use of Hip Hop to help kids stay and get healthy. Music is a powerful teaching tool.)

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Director of Music Ministries, Fifteenth Avenue Baptist Church, Nashville, TN, and member of the Young Adult Lectionary Liturgists Team

Worship Planning Notes

Consider the following suggestions to make this worship experience effective:

• Remember today's theme: **HEALTH**. Do not design a worship service that simply allows children to participate. Thread today's theme throughout your worship service. This can be

done through including healthy foods in the bulletin/order of worship, listing resources for families who are in need of nourishing food, listing free exercise programs for families, and using fruit and vegetable shapes (apples, bananas, oranges, broccoli, etc.) for paper buttons. The buttons can contain the words: I WANT CHILDREN TO BE HEALTHY. These can be pinned on everyone as they enter the worship service. Allow children to assist in this. They can help draw and cut out the shapes and pin them on worshippers as they enter the service.

- Ask youth counselors/ministers of the church to create a list of active and inactive children
 of the church and write their names on small pieces of paper. As worshippers enter worship
 they can take a name from the basket and pray for that child. If the children's names are
 minimal, then duplicate them according to size of the congregation.
- Create a banner with pictures of the children from your church and place it in the Sanctuary so that it's visible to all. Incorporate the health theme in the banner.
- Have the pastor or the director of the children's department of the church create a personal e-mail, letter, or radio announcement honoring the children of your congregation the week leading up to your Children's Day Service. Again, remember the theme.
- Be sure that children lead and participate in all aspects of the worship service. Use a youth minister (under age 21) and have children usher, sing in the choir, and more. **Remember that this is NOT a Youth Service. Children are NOT teenagers.**
- It is suggested that the worship leader for designing this service be a Youth/Teen.
- Remember, children can sing and love singing adult music.

1. Call to Worship

(a) Responsive Reading

Leader: Jesus says, "Whosoever shall receive one such little child in my name recieveth

me."

People: Let us worship our God who warns us not to despise one of the little ones.

ALL: Come let us worship the Lord in spirit and in truth.

(b) Invocation

(c)

Lord, today we lift up the lives of children in our church and community. We pray that children who are broken and hurting because of neglect, physical ailments, or abuse will feel the warmth of your loving spirit in their hearts today. It is our prayer, Lord, that you would place compassion, wisdom, and love in the hearts of those caring for children. Come Holy Spirit, and show us the way.

A Litany for Healthy Living

Leader: Lord, help us become like little children asking you to show us the way. We need

help, Lord, in building a healthy community.

Adults: Too often we make our health a lower priority than our wealth. We need your help

to change our unhealthy ways and our unhealthy habits.

Children: Show us the way!

Leader: We sometimes fear going to the doctor and too often do not take our children, even

when we can. We have issues with diabetes, heart disease, and hypertension and our

children are unhealthy, yet we have not changed our eating and exercise habits.

Adults: Help us to understand the importance of healthier eating habits and to make it a

priority in the lives of our families, churches, schools, and community.

Children: Show us the way!

Leader: We have issues with obesity, yet we have not changed our lifestyles.

Adults: Help us, Lord, to live healthier each day: to exercise our bodies and our minds, to

meditate on you, and to rest and relax.

Children: Show us the way!

Leader: We have mental and social illnesses. We need your help, Lord. Grant us the courage

to face our fears and our issues and seek the help and the treatment we need.

Adults: If we are to be a community of love, we must encourage one another to get well, to

take care of our holy bodies, and to live healthier lives before our children and

youth. We must teach them healthy ways to live!

All: Lord, please show us the way!

2. Hymns and Congregational Songs

(a) All around Me. By Cecilia Olusola Tribble

(b) Praise Him, Praise Him, All Ye Little Children. Anonymous. Tune, (BONNER), by Carey Bonner

3. Traditional Songs for Children

- (a) Jesus Wants Me for a Sunbeam. By Nellie Talbot. Tune, (SUNBEAM), by E. O. Excell
- (b) I Am a Promise. By William Gaither and Gloria Gaither
- (c) We Must Dream. By James Selway
- (d) Joy in My Heart. Arr. by Rollo Dilworth

4. Gospel Songs

- (a) I Need You to Survive. By Hezekiah Walker. This arrangement is for children.
- (b) God Made Me. Traditional

5. Liturgical Dance or Mime Ministry Music (For Children and Youth Dancers Only)

- (a) More Than I Can Bear. By Kirk Franklin
- (b) I Like Me. By Kirk Franklin and Emmanuel Lambert
- (c) We Offer Praise. By David Miner

YouTube: http://www.youtube.com/watch?v=j7inK8OmS64

6. Anthems

- (a) Little Eyes Are Watching You. By Ruth Elaine Schram
- (b) Jospeh's Song. By Linda Marcus and Ruth Elaine Schram. *This selection is set to the familiar tune of "Yankee Doodle."*

7. Offertory Song or Instrumental

Have children who play instruments (piano, organ, clarinet, violin, etc.) participate during the offertory period.

- (a) He Has Done Great Things for Me. Arr. by Stephen Key
- (b) Even at My Age. By Raymond Wise
- (c) Young and Positive. By Bernice Johnson Reagon. This is a fun song that can be done with adult/youth and children's choirs.

8. Song or Instrumental for the Period of Prayer

- (a) Order My Steps. By Glenn Burleigh
- (b) Be Blessed. By Kurt Carr
- (c) When Children Pray. By Brian Wren. Tune by Anne Wilson

9. Sermonic Selection

- (a) God Is a Healer. By Kurt Carr
- (b) Healing. By Richard Smallwood
- (c) I Am His Child. By Moses Hogan

10. Invitational Song or Instrumental

- (a) We Offer Christ. By Joel Britton
- (b) Let Him in Today. By Raymond Wise

11. Benediction Song or Instrumental

(a) As You Go, Tell the World. Anonymous. Tune by Valeria Foster

- (b) Go Now in Peace. By Natalie Sleeth
- (c) God Be with You. By Thomas A. Dorsey and Artelia Hutchins

Cites and Additional Information for Music and Material Listed

1. Call to Worship

Responsive Reading, Invocation, and Litany for Healthy Living by Michele Morton. Used with permission.

2. Hymns and Congregational Songs

(a) All around Me. By Cecilia Olusola Tribble

Location:

Zion Still Sings for Every Generation. Nashville, TN: Abingdon Press, 2007. #1

(b) Praise Him, Praise Him, All Ye Little Children. Anonymous. Tune, (BONNER), by Carey Bonner

Location:

African American Heritage Hymnal. Chicago, IL: GIA Publications, 2001. #617

<u>The New National Baptist Hymnal 21st Century Edition</u>. Nashville, TN: Triad Publications, 1977. #514

Church of God in Christ. Yes, Lord! Church of God in Christ Hymnal. Memphis, TN: Church of God in Christ Pub. Board in association with the Benson Co., 1982. #36

3. Traditional Songs for Children

(a) Jesus Wants Me for a Sunbeam. By Nellie Talbot. Tune, (SUNBEAM), by E. O. Excell Location:

African American Heritage Hymnal. #614

The New National Baptist Hymnal 21st Century Edition. #510

Yes, Lord! Church of God in Christ Hymnal. #420

(b) I Am a Promise. By William Gaither and Gloria Gaither Location:

Veggie Tales Worship Songs. Franklin, TN: Big Idea, Inc., 2006.

(c) We Must Dream. By James Selway

Location:

World's Children Choir. We Must Dream. Annandale, VA: World's Children's Choir, 2004.

Online location: www.worldchildrenschoir.org

(d) Joy in My Heart. Arr. by Rollo Dilworth

Location:

Distributed by J.W. Pepper & Sons Incorporated 2480 Industrial Boulevard

Paoli, PA 19301

Phone: 1-800-345-6296

Online location: www.jwpepper.com

4. Gospel Songs

(a) I Need You to Survive. By Hezekiah Walker. *This arrangement is for children*. Location:

Chicago Children's Choir. <u>Open Up Your Heart</u>. Chicago, IL: Chicago Children's Choir, 2006.

(b) God Made Me. Traditional

Location:

Mississippi Children's Choir. Children of the King. Jackson, MS: Malaco, 1992.

5. Liturgical Dance or Mime Ministry Music (For Children and Youth Dancers Only)

(a) More Than I Can Bear. By Kirk Franklin

Location:

God's Property from Kirk Franklin's Nu Nation. New York, NY: Sony Legacy, 1997.

(b) I Like Me. By Kirk Franklin and Emmanuel Lambert

Location:

Franklin, Kirk. The Fight of My Life. Inglewood, CA: Gospocentric, 2007.

(c) We Offer Praise. By David Miner

Location:

Bryant, Rodnie. He's a Keepa. Indianapolis, IN: Tyscot Records, 1997.

6. Anthems

(a) Little Eyes Are Watching You. By Ruth Elaine Schram

Location:

Alfred Publishing/Sheet Music Plus

1300 64th Street

Emeryville, CA 94608 Phone: 1-800-743-3868

Online location: www.sheetmusicplus.com

(b) Joseph's Song. By Linda Marcus and Ruth Elaine Schram. *This selection is set to the familiar tune of "Yankee Doodle."*

Location:

Alfred Publishing/Sheet Music Plus

Phone: 1-800-743-3868

Online location: www.sheetmusicplus.com

7. Offertory Song or Instrumental

(a) He Has Done Great Things for Me. Arr. by Stephen Key Location:

African American Heritage Hymnal. #507

(b) Even at My Age. By Raymond Wise

Location:

Raise Kids. <u>Raise Ministries Presents Gospel Songs for Children's Voices</u>. Columbus, OH: Raise Records, 1999.

(c) Young and Positive. By Bernice Johnson Reagon. This is a fun song that can be done with adult/youth and children's choirs.

Location:

Sweet Honey in the Rock. <u>I Got Shoes</u>. Redwood, CA: Music for Little People, 1992/2004.

8. Song or Instrumental for the Period of Prayer

(a) Order My Steps. By Glenn Burleigh

Location:

Gospel Music Workshop of America Women of Worship. <u>Best of GMWA Women of Worship, Vol. 1</u>. Indianapolis, IN; Aleho International Music, 1999.

(b) Be Blessed. By Kurt Carr

Location:

Morton, Paul S. Still Standing. Nashville, TN: Light Records, 2006.

(c) When Children Pray. By Brian Wren. Tune by Anne Wilson

Location:

Sheet Music available:

Selah Publishing

P.O. Box 98066

Pittsburgh, PA 15227

Phone: 412-886-1020

Online location: www.selahpub.com

9. Sermonic Selection

(a) God Is a Healer. By Kurt Carr

Location:

Carr, Kurt and The Kurt Carr Singers. <u>Just the Beginning</u>. New York, NY: KCG/Zomba, 2008.

NTIME Music Company 4913 Albemarle Road #103 Charlotte, NC 28205

Phone: 704-531-8961

Online Location: www.ntimemusic.com

(b) Healing. By Richard Smallwood

Location:

Healing: Live in Detroit. New York, NY: Verity, 1999.

NTIME Music Company Phone: 704-531-8961

Online location: www.ntimemusic.com

(c) I Am His Child. By Moses Hogan. (SATB)

Location:

Distributed by:

J. W. Pepper & Sons Incorporated

Phone: 1-800-345-6296

Online location: www.jwpepper.com

10. Invitational Songs or Instrumental

(a) We Offer Christ. By Joel Britton

Location:

African American Heritage Hymnal. #355

Zion Still Sings. #169

(b) Let Him in Today. By Raymond Wise

Location:

Raise Kids. <u>Raise Ministries Presents Gospel Songs for Children's Voices</u>. Columbus, OH: Raise Records, 1999.

11. Benediction Song or Instrumental

(a) As You Go, Tell the World. Anonymous. Tune by Valeria Foster Location:

African American Heritage Hymnal. #633

(b) Go Now in Peace. By Natalie Sleeth

Location:

<u>The United Methodist Hymnal: Book of United Methodist Worship</u>. Nashville, TN: The United Methodist Publishing House, 1989. #665

(c) God Be with You. By Thomas A. Dorsey and Artelia Hutchins

Location:

African American Heritage Hymnal. #639

<u>Lead Me, Guide Me: The African American Catholic Hymnal</u>. Chicago, IL: GIA Publications, 1987. #308