When and how often Communion is held varies throughout the African American faith community. The frequency of Communion will impact the worship design for this liturgical moment. If your church holds Communion once each month, it is the job of the worship leader/planner to ensure that each service provides an opportunity to teach the members of your church more about the origins and purpose of Communion. It is not recommended that the same service be repeated each month in exactly the same way. Instead, it is recommended that only those aspects of the Communion ritual that are absolutely necessary be repeated because they serve as theological tradition markers and help members of your congregation learn the basic elements of a Communion service.
If your faith community serves Communion each Sunday, the job of the worship leader/planner is much more difficult. Ultimately, however, the frequency of this important ritual should be viewed as a major opportunity to bring participants closer to Christ and to their neighbor. Worship leaders/planners who prepare weekly for Communion should seek to do at least three specific things throughout the year:

1) help the congregation gain a historic understanding of Communion, as it has been held in your local church and/or denomination;

2) allow all members of the congregation to participate in the ritual on more than a spectator basis. Unfortunately most Communion services are led by a small group of people in the church. Rarely do children participate in the serving of the bread or the wine; rarely do disabled members participate in the serving and blessing of the bread and wine; rarely do persons who are not deacons, deaconesses, stewards, elder mothers, ministers, etc., participate in the blessing of the ritual and the serving of the bread and wine. These exclusions should end. The table is for all and all should feel welcome at the table; and

3) tie the Communion to the liturgical day being celebrated on the calendar. The worship service in which Communion is celebrated should be viewed holistically: the praying, singing, preaching, and other parts of the worship service are merely components of the service. Explore ways to show that the worship service is a holistic moment. Feel free to use books of services and orders of worship from other congregations, other denominations, and non-denominational churches in the African American faith community.

1. A Litany for Communion
This reading can occur at any time during the worship service.

**Leader**: Jesus and his disciples communed together. The Church of old communed together. Our foreparents communed together. As 21st century members of the body Christ we link hearts with believers past and present in this moment of Communion.

**People**: As often as we do this we show that we remember Christ; his life, his death, and his resurrection.

**Leader**: We do not commune in arrogance, for all have sinned and come short of the glory of God. We commune in humility because even when we have overwhelmingly failed you, God, you have never failed us. Your unfailing love humbles us and keeps us ever aware of the work that you have left for our hands to do. We will not take it lightly.

**People**: As we take of this bread and drink of this wine, we not only confess, but we covenant. We covenant to spend more time in your Word, to pray more, and to give more of our time, talents, and treasures.

**Leader**: Lord, we seek a deeper relationship with you and with each other and all of your creation.
**People:** We take of this bread and drink of this cup as a sign to our children and to the world that we are people who believe that Jesus’ body was broken for us and that his blood was shed for us and that his return is certain.

**Collective:** We eat this bread and we remember you. We drink of this wine and we remember you. After this Communion, we covenant to remember you.

2. **Hymns or Anthem**

   **Hymn**
   (a) Praise Him, Praise Him. By Fanny J. Crosby. Tune by Chester G. Allen

   (b) All Hail the Power. By Edward Perronet, Tune (CORONATION), by Oliver Holding

   **Anthem**
   (c) Majesty, Worship His Majesty. By Jack Hayford, Arr. by Eugene Thomas

3. **Song or Instrumental for the Period of Prayer**

   Let Us Break Bread Together. Traditional

4. **Offertory Song or Instrumental**

   At the Table. By Richard Smallwood

5. **Spirituals**

   (a) Were You There?

   (b) The Welcome Table.

6. **Modern Songs**

   The suggested modern songs are designated for mid-size to larger ensembles with experienced vocalists.

   (a) These Nails. By Donald Lawrence
   YouTube - [http://www.youtube.com/watch?v=fZEylyMKISI](http://www.youtube.com/watch?v=fZEylyMKISI) - Key phrase: These Nails by Donald Lawrence

   (b) Precious Is the Blood. By Joe Pace II

   (c) He Decided to Die. By Margaret Douroux. Re-Recorded by L’Tanya Moore

7. **Liturgical Dance Music**

   Calvary. Arr. by Richard Smallwood

8. **Congregational Songs or Songs for Praise Teams or Ensembles**

   (a) If Jesus Goes with Me I’ll Go. By C. Austin Miles

   (b) Down at the Cross. By Elisha A. Hoffman. Tune by John H. Stockton
(c) The Blood Will Never Lose Its Power. By Andraé Crouch

(d) Let Us Break Bread Together. Traditional

9. Invitational Song or Instrumental
Song
(a) Taste and See. By James E. Moore Jr.

Instrumental
(b) He Looked Beyond My Faults. Arr. by Jemuel Anderson

10. Benediction Song or Instrumental
Song
(a) Till We Meet Again. Arr. Kirk Franklin and the Family

Instrumental
(b) Always Remember. By Andraé Crouch

11. Audio Visual Suggestions: grapes, bread, images of sheep, communion trays of wine, a chalice

12. Other Recommendations
Congregations might try different ways of observing Holy Communion:
   (a) Congregants might come to the table one by one instead of being served in the pew.
   (b) Holy Communion might be served from stations around the sanctuary.
   (c) Holy Communion might be served from tables in the fellowship hall.
   (d) Holy Communion might be shared in silence.
   (e) The congregation might allow non-baptized children to share Holy Communion as a teaching moment.

Cites and Additional Information for Music and Material Listed

*1. The Worship Planning Notes and the Litany for Communion were developed by the African American Lectionary Worship Resource Team.

2. Hymn or Anthem
(a) Praise Him, Praise Him. By Fanny J. Crosby. Tune by Chester G. Allen
Location:

(b) All Hail the Power. By Edward Perronet. Tune, (CORONATION), by Oliver Holding
Location:
- African American Heritage Hymnal. #292
- African Methodist Episcopal Hymnal, revised edition. #4
- The New National Baptist Hymnal 21st Century Edition. #2

(c) Majesty, Worship His Majesty. By Jack Hayford. Arr. by Eugene Thomas
Location:
- African American Heritage Hymnal. #171

3. Song or Instrumental for the Period of Prayer
Let Us Break Bread Together. Traditional
Location:
- African American Heritage Hymnal. #686
- African Methodist Episcopal Hymnal, revised edition. #530

4. Offertory Song or Instrumental
At the Table. By Richard Smallwood
Location:

5. Spirituals
(a) Were You There?
Location:
- African American Heritage Hymnal. #254
- African Methodist Episcopal Hymnal, revised edition. #136
The Presbyterian Hymnal. #102

(b) The Welcome Table.
Location:

6. Modern Songs
The suggested modern songs are designated for mid-size to large ensembles with experienced vocalists.
(a) These Nails. By Donald Lawrence
Location:

(b) Precious is the Blood. By Joe Pace II
Location:

(c) He Decided to Die. Margaret Douroux. Re-recoded by L’Tanya Moore.
Location:

7. Liturgical Dance Music
Calvary. Arr. by Richard Smallwood
Location:

8. Congregational Songs or Songs for Praise Teams or Ensembles
(a) If Jesus Goes with Me I’ll Go. By C. Austin Miles
Location:
African American Heritage Hymnal. #555


Yes, Lord! Church of God in Christ Hymnal. #497

(b) Down at the Cross. By Elisha A. Hoffman. Tune John H. Stockman
Location:
African American Heritage Hymnal. #248

African Methodist Episcopal Hymnal, revised edition. #243

The New National Baptist Hymnal 21st Century Edition. #191
Songs of Zion. #4

Yes, Lord! Church of God in Christ Hymnal. #245

(c) The Blood Will Never Lose Its Power. By Andraé Crouch
Location:
   African American Heritage Hymnal. #256
   African Methodist Episcopal Hymnal, revised edition. #137
   The New National Baptist Hymnal, 21st Century Edition. #97
   Songs of Zion. #184
   Yes, Lord! Church of God in Christ Hymnal. #250

(d) Let Us Break Bread Together. Traditional
Location:
   African American Heritage Hymnal. #686
   African Methodist Episcopal Hymnal, revised edition. #530
   The New National Baptist Hymnal 21st Century Edition. #488
   The Presbyterian Hymnal. #513
   Yes, Lord! Church of God in Christ Hymnal. #30

9. Invitational Song or Instrumental
Song
(a) Taste and See. By James E. Moore Jr.
Location:
   GIA Publications, Inc.;
   7404 South Mason Avenue
   Chicago, IL 60638
   Phone: 1-800-442-1358
   Online location: www.giamusic.com

Instrumental
(b) He Looked Beyond My Faults. Arr. by Jemuel Anderson
Location:

10. Benediction Song or Instrumental
Song
(a) Till We Meet Again. Arr. by Kirk Franklin and the Family
Location:

Instrumental
(b) Always Remember. By Andraé Crouch
Location:
   African American Heritage Hymnal. #640